



Motivate Lab

INFUSING MINDSET-SUPPORTIVE PRACTICES THROUGHOUT THE ACADEMIC COMMUNITY



The list below contains examples of the types of mindset-supportive practices that can be implemented at each level of a university system. Every member of Georgia's higher education community has the opportunity to create a meaningful experience for students. To ensure that students receive consistent messages, mindset-supportive practices will be most effective when infused throughout the university system.

STATEWIDE

- Coordinate inter-institutional Learning Mindset Summit
- Incorporate mindset-supportive practices into Momentum Year initiatives

INSTITUTIONAL

- Facilitate a self-assessment of mindset-supportive practices on campus
- Support faculty and staff implementation of mindset-supportive practices
- Establish institutional requirement for focus areas to identify mindset-supportive practices

CURRICULAR & PROGRAM

- Provide resources for course and program design that emphasize learning mindsets
- Rethink program and curricular design with an eye towards mindset-supportive practices (e.g., advising, orientation, critical courses)

INSTRUCTIONAL & COMMUNITY SUPPORT

- Develop mindset-supportive modules, activities, and protocols and offer training and professional development for use of these practices
- Create learning mindset networked improvement communities

STUDENT

- Customize existing, research-based learning mindset interventions (e.g., growth mindset, value) to best match the learning context and students)
- Develop and test new interventions to meet specific student needs (e.g., cost perception)



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EXAMPLES OF MINDSET-SUPPORTIVE PRACTICES THROUGHOUT THE ACADEMIC COMMUNITY



The following examples describe one mindset-supportive practice at each level of the system in more detail. The initial implementation work will involve concretely defining each practice from the table above and identifying who is best positioned to lead each effort with support from the University System of Georgia. When mindset-supportive practices are integrated at all levels of the system, an institution can create a culture of purposeful learning that benefits all students.

STATEWIDE

COORDINATE INTER-INSTITUTIONAL LEARNING MINDSET SUMMITS

The Mindset Summit is a statewide gathering to foster inter-institutional dialogue about learning mindsets. It provides an opportunity for representatives from a variety of institutions to learn about mindsets, as well as collaborate and share best practices about how to support students' learning mindsets.

INSTITUTIONAL

FACILITATE A SELF-ASSESSMENT OF MINDSET-SUPPORTIVE PRACTICES ON CAMPUS

The self-assessment is a checklist designed to help institutions assess their progress in supporting students' learning mindsets. This self-assessment covers practices in a range of areas that will help institutions understand what they are doing well, and identify opportunities for expanding or strengthening mindset-supportive practices.

CURRICULAR AND PROGRAM

PROVIDE RESOURCES FOR COURSE DESIGN AND PROGRAM DESIGN THAT EMPHASIZE LEARNING MINDSETS

The design of curricula and programs provides valuable opportunities for practitioners to create a culture of inclusion, value, and growth. Students can become active contributors to this culture if their campus experiences, both in and out of the classroom, are intentionally structured to support students' learning mindsets.

INSTRUCTIONAL AND COMMUNITY SUPPORT

DEVELOP MINDSET-SUPPORTIVE MODULES, ACTIVITIES, AND PROTOCOLS AND OFFER TRAINING AND PROFESSIONAL DEVELOPMENT FOR USE OF THESE PRACTICES

Every interaction with students contributes to creating a mindset-supportive community. These modules, activities, and protocols will help practitioners learn how to interact with students in a way that is supportive of adaptive learning mindsets, and that does not unintentionally undermine student motivation. Faculty and staff in a variety of roles (e.g., instructor, advisor, residence life) will be able to access these evidence-demonstrated tools and trainings, and incorporate them into their interactions with students. This ensures students receive mindset-supportive messages in all areas of their college experience.

STUDENT

CUSTOMIZE EXISTING LEARNING MINDSET INTERVENTIONS (E.G., GROWTH MINDSET, UTILITY VALUE) BASED ON QUALITATIVE AND QUANTITATIVE DATA COLLECTION

Learning mindset interventions are brief activities that target students' mindsets (e.g., growth, purpose, value, and belonging), typically through reflective writing activities. Although the results of these interventions are promising, their efficacy at scale is dependent on tailoring specific aspects of the intervention to the learning context (e.g., type of course, student characteristics). Before implementing these interventions, we will collect extensive qualitative and quantitative data to understand the context and tailor supports to students' needs.